

LODGE TRESTLEBOARD

“From Eternity Into Light”



JUNE 2013

THE MASTER'S MESSAGE

My Dear Brethren-

Much like the hour glass in our lectures, it is truly amazing to behold how quickly time slips by. It is now June, and we are half way through the Masonic year. Truly, I do not know where the time has gone, but this month brings us back to our core Masonic activities, contemplation of our degrees, and our annual celebration of the Feast of Saint John the Baptist.

At our Stated Communication on the 13th, we will open our Lodge in due and ancient form and then immediately call to refreshment for the purpose of watching an emulation of the Scottish Rite / French Rite Second Degree. It is my hope that by noting the wonderful differences in Masonic ritual, we will be able to learn something new and interesting about our own ritual.

Our usual Festive Board will follow the Stated Communication in the dining room; if you plan to join us for the meal, please RSVP to reservations@aw22.org no later than 6 June.

Continuing a decades old tradition of our Lodge, on Monday the 24th of June we will gather to celebrate the Feast of St. John the Baptist. We will assemble at Gadsby's Tavern at 5:00 p.m and travel via procession to Christ Church. There will be a short prayer service at Christ Church, followed by a homily on charity. The Lodge will also make a large charitable donation to a worthy Alexandria charity. We will then process back to Gadsby's Tavern where we will have festive meal, conduct our Table Lodge and hear a presentation on the meaning of charity from our Lodge Education Officer, Brother Kerry Kirk.

To join us for Table Lodge, you must pay online or alert the Secretary that you plan to attend no later than Monday 17 June.

My Brothers, my first six months as your Master have truly been an honor. I have delighted in the company of many of you, both new members and old. I firmly believe that every interaction we have together in Lodge brings us closer to the brotherly love and understanding that all Masons are obligated to pursue.

I look forward to seeing you as often as possible in the month of June.

Sincerely and Fraternally,

Wor. Joshua Adler
Ab Aeterno Ad Lucem

THE MASTER'S TRESTLEBOARD

NOTE: All events, dates, and times are subject to change. The official notification of Lodge activities can be found in the Lodge Trestleboard at the Lodge website:
www.aw22.org

JUNE

01 SAT 12:00 PM LODGE FAMILY PICNIC
11 TUE 7:00 PM LODGE BOARD OF TRUSTEES MEETING
**13 THU 7:30 PM STATED COMMUNICATION: EMULATION OF THE SCOTTISH RITE
/ FRENCH RITE SECOND DEGREE**
24 MON 5:30 PM SAINT JOHN'S DAY TABLE LODGE

JULY

**11 THU 7:30 PM STATED COMMUNICATION: THE PRINCE HALL MASTER MASON
DEGREE**
25 THU 7:00 PM CALLED COMMUNICATION: WORK IN THE DEGREES.

AUG

04 SUN 5:00 PM OFFICER'S MEETING
**08 THU 7:30 PM STATED COMMUNICATION: *JOHN LEJUENE – MILITARY HERO
AND MASON.***
29 THU 7:00 PM CALLED COMMUNICATION: WORK IN THE DEGREES.



STATED COMMUNICATIONS: The Stated Communications of this Lodge shall be held at the George Washington Masonic National Memorial, Alexandria, Virginia on the second Thursday of each month.

A Moment of Light

Submitted by Brother Kerry Kirk, Lodge Education Officer

“...you will also notice that a Brother’s hands reach beyond his immediate neighbor and this is to show you that Freemasonry should go beyond helping a Brother and should reach out into the world to help all of mankind.”

– *Entered Apprentice Chain*

Commentary: We must never lose sight of the fact that Freemasonry has practical applications in our daily lives. It is too easy to leave our Masonic ideals untouched from one month to the next, locked in a briefcase with our regalia, but when we do this we render the system inoperable. There is no benefit to anyone if we only think about the Craft when we attend our Lodges. The dictates and principles of our Order must inform our actions every day if they are to have any meaning. It is this that we must strive to achieve, as it is only through this that Freemasonry will find its proper as a force for good in the world.

- *Level Steps: 100 Meditations for Freemasons*

Thoughts From the Lodge Chaplain

Right Worshipful Brother Bob Watkins has submitted an excellent article to share with you entitled "Freemasonry and Health." Originally published in 1952 in *The New Age*, the article articulates the premise that a regular observation and study of Masonic ritual reinforces the notion that the principles and precepts presented are in accordance with the teachings of the Great Light in Masonry and are, therefore not just the psychological basis of the Fraternity, but also a means of improving our mental health.

Masonry offers us an introduction to the proper channels of thought; any thoughts and emotions that do not build, or are not constructive, have a negative effect on the overall state of well being. If we seek to eliminate hatred, envy, jealousies, cynicism, and unkind or uncharitable thoughts, and through discipline replace them with the development of brotherly love, we can consciously effect our overall well being.

The author makes the argument that "Good thoughts, deeply felt, will bring health, harmony, peace, power, ability and character. Wrong thoughts, deeply felt, will bring sickness, depression, discord, fear, weakness and failure." Based upon this premise he goes on to instruct us that we should give daily contemplation to how to do good for someone else and that this psychological basis for Freemasonry provides a means of improving our mental health.

The complete article may be found at the lodge website along with the June Trestleboard.

OFFICERS OF ALEXANDRIA-WASHINGTON LODGE No. 22
ANCIENT FREE AND ACCEPTED MASONS
ANNO LUCIS 6013 *ANNO DOMINI 2013*

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WILLIAM ANDREW JORDAN	JUNIOR WARDEN
MICHAEL LEE BAILEY, PM	TREASURER
DAVID SCOTT SHAVER	ASSISTANT TREASURER
HEBER C. WILLIS, III; PM	SECRETARY
JEFFREY LYNN JANIES	SENIOR DEACON
JASON SCOTT WINDSOR	JUNIOR DEACON
ROBERT GEORGE WATKINS, JR.; PM, DDGM	CHAPLAIN
STEPHEN JOSEPH PEZZETTI	SENIOR STEWARD
PHILLIP JOHN FERRARO	JUNIOR STEWARD
ANDREW FRANCIS CORSUN	MARSHAL
DIMITAR GUEORGUEV MAVROV	MUSICIAN
JEFFREY WORTH CORBIN CONN	TYLER

BOARD OF TRUSTEES

DENNIS AARON BALKHAM.....	2013
HEBER C. WILLIS, III: PM.....	2014
ANDREW U. HAMMER, PM	2015
RALPH EUGENE OLSON.....	2016
DAVID SCOTT SHAVER.....	2017

ALEXANDRIA-WASHINGTON LODGE No. 22
LIVING PAST MASTERS

JOHN P. WALLER	1961	MICHAEL P. BIBLE	1999
DONALD M. ROBAY, PGM.....	1975	TERRY L. GIGURE	2000
JAMES B. STONE	1976	BRENT N. CAMPBELL	2001
JASON W. SNYDER.....	1979	DANIEL M. CLARK	2002
JAMES R. FREEMAN	1980	JAMES M. STEVENSON	2003
JOHN M. NICHOLSON, JR.....	1985	FRANK S. SKWIRUT	2004
WILLIAM A. JONES	1988	JESSE T. MCMAHAN.....	2005
EARL C. MILLION	1991	THOMAS G. LITTLE	2006
GRANVILLE C. CANARD, JR., PDDGM	1992	ROBERT G. WATKINS, PDDGM	2007
CLAUDE H. HARRIS, JR.	1993	DOUGLAS H. WOOD.....	2008
FRANK R. DUNAWAY, JR., PDDGM	1994	HEBER C. WILLIS, III.....	2009
GEORGE D. SEGHERS, PDDGM	1995	ANDREW U. HAMMER.....	2010
MARK W. UNDERWOOD.....	1996	JOHN PAUL OLSON.....	2011
WALTER L. MARGESON II.....	1997	MICHAEL LEE BAILEY	2012
PHILIP J. HAYS.....	1998		

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Address Service Requested